

November 2022

### Principal's Note:

My heart is smiling and I am filled with the generosity and support given by the students and parents of our community. In just one week, through bake sales (thank you for all the delicious baked treats!), two hot dog sales (thanks to many staff members for making these happen), a change challenge (thank you staff for donating your faces to take a pie thrown at you) and a 50/50 during the Dig Pink tournament, we were able to raise \$3,351.90 to support École Beausejour's fundraiser for Kids with Cancer. Your kindness is greatly appreciated!

Additionally, BCHS was so inspired by what we were doing for Kids with Cancer Society and assisting in Beausejour's fundraising goals that they put on a fundraising campaign at BCHS this past week and raised an additional \$900 to add to the overall donation! Amazing stuff! Kindness is contagious!

October has been a busy month and we have had lots of fun along the way. Our volleyball teams have been competing at a variety of tournaments and games. Take a look at the Hawks' Athletics articles below to see the results. Cross Country Running meets also took place in October - thankfully we had decent weather for all of our meets. Wherever our young athletes ranked, they have displayed perseverance, willingness to learn more about the sport, dedication to the team, and great sportsmanship. We are proud to have you representing our school! Go HAWKS!

The weather this fall has been a true blessing. We have taken every opportunity to enjoy outdoor learning and activities. We are thankful autumn has been kind. However, this week the weather has another plan in mind and we will be seeing some cooler weather. Please ensure your kiddos have outdoor clothing for recess play as it is important for our kids to get outside for fresh air and exercise each day. Our

junior high and high school students should also remember to bring a jacket or warmer clothing for the bus ride. Although we haven't seen that white stuff yet, it is good to get into the habit of being prepared.

Our last day of school this month brought with it Halloween fun. Students Union got us in the spirit the last week in October with two days of haunted house fun - even the office staff went through the spooktacular house. Great job, Students' Union! We also had dress up days, and class celebrations to enjoy in the festivities.

We have a number of activities planned for November. To start the month, Steve Harmer is coming to perform his magic to our Preschool to grade 6 classes. École Beausejour is joining us for the presentation. We are having our Remembrance Day ceremony on November 10th at 10:30. We invite parents, grandparents and the community to be with us on this important day of remembrance. The first report cards will be sent out later in the month with Parent Teacher Conferences taking place on November 22 and 23. And of course, our Students' Union has planned some more spirit days which you can read about in the article below and see on the calendar. And our volleyball teams will continue to compete at various tournaments, districts and zones. Once volleyball ends, basketball begins! It will be another month of learning and fun!



## Picture Retake Day, November 7



Life Touch photographers will be at our school on November 7 for retakes or to provide students who were absent the first sitting to get their school photo taken.

If you have any questions, please contact the school

office.

## Parent Teacher Conferences

Thank you to all parents who took the time to complete the short survey regarding Parent Teacher Conferences. We took your feedback to create our schedule for November's Conferences. You will have the opportunity to meet with your child's teacher(s) on November 22 and 23 from 4 until 6:30. All teachers will be located in the gym. Appointments will not be necessary as when the teacher is free, you can stop in and meet with them. We do ask that you keep your meeting to ten minutes or less. If the conversation takes longer than that, we ask that you book an appointment with that teacher for another day. We will also be sending out a schedule for parents who want a phone call meeting. Teachers will begin these meetings at 6:30 and go until 7:00. There are only a few times available to meet with teachers this way so they will fill up quickly. Please call the office if you would like to book a phone conference. As always, if you have any questions or concerns you would like to speak to your child's teacher about, please feel free to reach out to the teacher by calling the school or sending them an email.

We look forward to seeing you on November 22 and 23.

## DIG PINK

The Senior Volleyball School tournament has always had a focus supporting cancer research. This year, Mr. Reid wanted to assist École Beausejour in their fundraiser for Kids with Cancer. Beausejour was fundraising to support one of their students in his battle against cancer. EPS decided to join in the fundraising and we had a number of activities during the week. Our goal was to help École Beausejour reach their second goal of \$10000 (they have already gone beyond their first goal of \$5000).

EPS had two hot dog sales which raised \$811.50. An amazing bake sale that raised \$994.40. A huge heartfelt thank you to all the parents who donated baked goods - such delicious treats! Our change challenge brought about lots of laughs, bribery and fun to our building. There were ten kind teachers who put their faces forward to be pied if their jar raised the most money. The big goal was \$1000 and if we reached that goal, all ten staff members would get a pie in the face. Well, folks, thanks to the generous donations, we raised \$1220. During the Dig Pink, our Ecole Plamondon School Parent Advisory Committee held a 50/50 which raised \$326. And BCHS was so moved by our goal that they raised \$900. Our grand total raised in just over one week is \$4 251.90! Way to go everyone! Thank you for your support.





### Motivational Magic:Magician Steve Harmer

EPS PAC, Ecole Beausejour and EPS are excited to have Steve Harmer perform his entertaining presentation Brilliant and Resilient on November 1. Magician Steve always brings a great message along with his amazing and exciting magical skills. The students were held spellbound for a full hour

### Halloween Fun

Ecole Plamondon School got into the Halloween spirit on Monday, October 31. There were lots of witches and creatures lurking the hallways. Classroom parties and Students Union contests completed our day of fun.



### Preschool

October was an exceptional month with such warm weather. We know our routines and I am proud to say we have a wonderful class of lil learners. This month we made Thanksgiving centerpieces for our families, had our pictures taken by the photographer, welcomed Ms Kelly to our class and have so much fun when we

visit Mrs. Plamondon in the library! We also love to see Mrs Alagoz every morning when she delivers us a wonderful breakfast each morning, yum! If she's not at our door by 9am Dio goes looking for her, haha. This past week we have been practicing doing up our own

zippers 👍 and you can find our pumpkin patch on one of the bulletin boards in the hallway.



## Kindergarten

The Kindergarten students in Ms. Abougous's class have been busy working on their math and literacy skills. They have been working on numbers 1-10 by playing fun games like roll and build towers! Students are also working on recognizing sounds of letters and how to write them. Students have also been expanding their artistic skills in Mrs. Connie's room through painting! We also have a challenge going on in our class to be bucket fillers! Anytime Ms. Abougous or Mrs. Connie sees a Kindergarten student filling someone's bucket they will add a ball to the classroom bucket! Our first goal is to fill it halfway to earn a pajama day!



## Grade 1

Mrs. Sprecker's Grade ones have been working hard in Language Arts, Math, PE and Art! We have been studying a mini unit on spiders. We finished the unit through an art activity that included a lot about Math. The students had a long pipe cleaner and they had to double it 4

times and cut so they would have 8 legs. They had to make sure they had 4 beads for each leg and created their own patterns for each leg to repeat. Our big challenge was to see how many beads were on our spiders (  $4+4+4+4+4+4+4+4 = 32$ ). We also made spider webs with popsicle sticks and yarn. Students had to follow an over under pattern to create a web.



The Grade Ones in Ms. Ross' class have participated in many activities this month. If you asked the children which was their favourite activity, they would probably tell you it was going to Love Eats for ice-cream! The children were so excited to walk to Love Eats for their treat! Who wouldn't be excited for cotton candy or birthday cake ice-cream? Thank you for the free treat! It was delicious and greatly appreciated!

## Grade 2

The Grade. 2 \class has seen some changes in October - from new students arriving to their farewell to Mrs. Landry. They have continued to work hard through this. They love Friday when it arrives for Makerspace time in the library with Mrs. Plamondon. The Student Union Haunted House caused great excited chatter! They had a visit from Peace Officers Stuut and Savielieff for tips for a safe

Halloween and got glow sticks to carry that evening for visibility. Halloween Day was a reading and snack party with seven Moms who arrived to read to them. The kids get great pleasure from being read to. It was the highlight of the month.

## Grade 3

In science the students made a device to determine how sound waves travel.



Popcorn reading party in grade 3. Parents reading to the students and the student reading to them.





## Grade 4/5

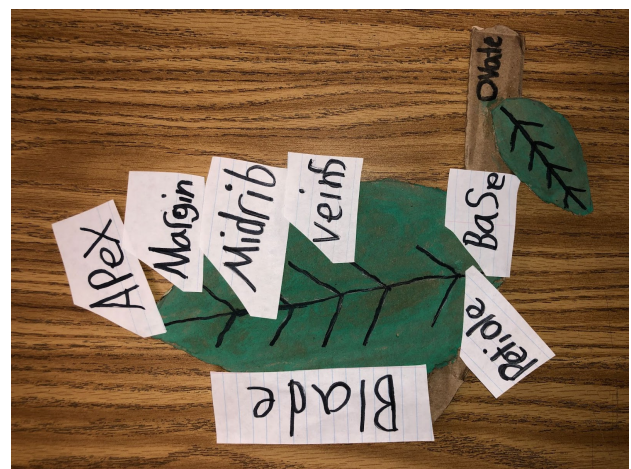
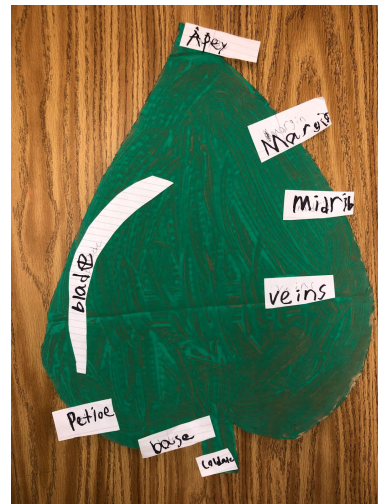
The Grade 5 class has been very busy this month settling into their routines and coming together as a class. It has been very interesting and rewarding to have different students from Grade 4 become a part of our class. The students worked hard at the end of each day to earn a pizza and PJ party by taking responsibility for cleaning up the classroom at the end of the day. This celebration will take place on November 22. We also had a classroom celebration on Monday, October 31 that included a pinata and the games room.

Grade 4/5 students built water filters using mostly natural materials to identify which materials could best filter out impurities in ground water as it percolates downward into the water table. Blue food coloring was used to represent toxins, and each filter performed different to the others in providing levels of effective filtration



## Grade 6

Grade 6 students represented their learning about forests, trees, tree and plant parts and the energy cycle through creating models of how leaves are effective to **convert sunlight energy into sugars that plants use for food.**



## Grade 7 ELA

Our adventure with Bilbo Baggins came to an end this month. Students have spent the last month and a half reading, viewing, and presenting a final project based on The Hobbit by J.R.R. Tolkien. Students demonstrated their understanding of the story through a final project where they were able to choose how they would share what they took away from the story. Some created posters, others built dioramas or Google Slide presentations and I even received one amazing comic book.



## Jr High Students Developing Tech Skills

The junior high computer technologies class has been working on developing key computer skills that have real world applications. Students started the quarter with instruction on proper typing techniques, and then progressed into learning how to best utilize different types of computer software. Students are applying those skills and using that software to complete projects that have real world meanings. Creating a resume,

presentation skills, exploring post secondary options, and event planning are just a few of the various projects that students completed. Students have received an introduction to coding. Students looking for an additional challenge have been encouraged to take on a coding project as well.

## Physics 20

Dr. Emmanuel Schaan, an astrophysicist from the United States, video-called the Physics 20 classroom and talked to them about astronomy and the physics of outer space!

Lots of our burning questions were answered, such as: What is a black hole, and where do they come from? How do we study the origin of the universe? What is dark matter? Will you do Jacob's physics homework? And does Cosmic Microwave Background have anything to do with the microwaves we use to heat up our food?

Thank you so much Dr. Schaan for joining our classroom, answering our (many) questions, and allowing us to learn more about the applications of physics!



## Students Union

Thank you to all of those who joined us for the haunted house at the end of October! Students from grades 7 to 12 put many, *many* hours into organizing, setting up, & running the haunted house for everyone to enjoy, we hope you all had a great time!

We are looking forward to bringing you more fun stuff throughout the year, so keep an eye and ear out for information about future events! Here are some behind the scenes photos from the setup of the Haunted House:



## Grad 2022

As graduates approach the mid mark of the first semester it is important that they keep their eye on the prize! Keep working hard ensuring that they are attending regularly and remaining up-to-date on their assignment deadlines as the the end of the semester

sneaks up quickly from this point on. Grads have formed committees and we will have a meeting in Social class on Friday, November 4th to briefly discuss next steps.

Thank you to our PAC for funding the graduates hoodies (\$40/graduate) as a gift that you can keep on using in years to come. A final price will be shared as soon as our final quote comes in from the supplier.

Remember there is a graduation fee of \$100/graduate to cover the cost of decorations, the hall, etc. This can be paid through [School Cash Online](#) either in one payment or three installments. Fees are due by May 1st, 2023. If you need help with using School Cash Online please reach out to Kim Gauthier in the office.

Finally please remember to bring in your photos (10 to 12) for the slideshow.

### Upcoming deadlines:

- Menu survey due Friday, November 4th
- LifeTouch Grad Photos - March 10th (a \$30 sitting fee is required at the time of the pictures)

## November Spirit Days

Red or Black day November 10th

Camouflage day - November 15th

PJ Day - November 24th

Jersey Day - November 29th

# School Council

## School Council - We Need You!

**Join us in supporting the students and staff of EPS!**

Join us at our next meeting on November 29, **2022 at 6:30pm** to share your thoughts and ideas on how we can best support the students



in our school. It will be a hybrid meeting so you can join us at the school or through a google meet link.

School Council and PAC allows the parents an opportunity to provide their perspective on issues or concerns, helps guide decision making, and hear about upcoming events. There are many ways to help, by holding a position on the executive, being a division representative for your child's grade or by just sharing your ideas and having a voice. The councils are looking forward to a great school year and supporting our students in any way possible. The Vice President role is vacant as well as a division representative position. Come on out to our next meeting on **Nov 29 at 6:30pm** and hear about all the exciting things happening in our school!

### **Exciting News**

Our Co-op Gas Bar chose our School Council as the recipient for their Fuel Good Days proceeds. Along with PAC those funds will be put towards providing each student from **PreK-Grade 12 a \$10 credit at our November book fair!** Thank you to our local Plamondon Co-op Gas Bar for choosing us!!



### **Executive**

President - Connie Williams  
Vice President - Vacant  
Secretary - Lindy Forbes

Treasure - Colleen Shapka

### **Division Representatives**

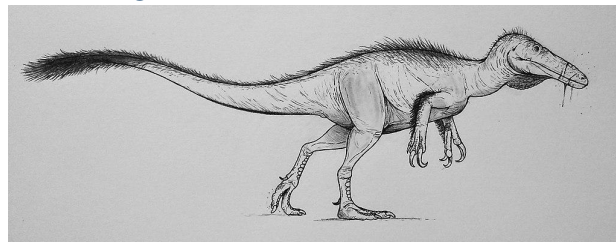
Div 1 - Vacant  
Div 2 - Debbie Nipshank-Johnson  
Div 3 - Destiny Alisby  
Div 4 - Charlene Rutledge

### **Thank you, PAC!**

Thank you PAC for the amazing \$13 000 donation to our sports teams for transportation, tournament fees and sporting our athletes! We couldn't do it without you!



### **Learning Commons News**



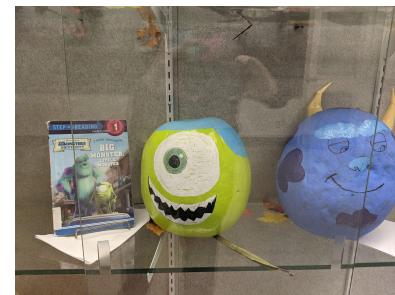
Get Ready for DINOVENBER....when Dinosaurs take over the Learning Commons! .Our Dino-Mite Book Fair will take place **November 21-30**. Come visit and step back to

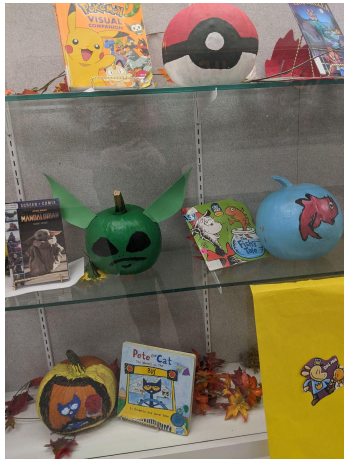
the time of the Dinosaurs! We have had a very fun month here in the Learning Commons! The beginning of the month brought us Fat Bear Week, where we learned and celebrated all things bear! If you are not familiar with Fat Bear Week, it is a great experience following bears from a wildlife preserve in Alaska as they get chunky and prepare for winter. Participants can vote daily for their bear of choice, and one of the students' favourites, Bear 737, was actually the winner of the online competition. It was a great reason to read all of our books on bears.



This month has also included a Book Inspired Painted Pumpkin Decorating Contest! We have received many wonderful entries, from Kindergarten to Grade 12! Thank you to Mrs. Lien and everyone else that donated pumpkins for us to paint.

Judging of the pumpkins will happen on Tuesday, November 1st. Winners will receive shopping sprees at our upcoming Book Fair!





## Hawks Athletics Senior Volleyball

After a few weekends off in early October our Sr. Volleyball Teams were back in action to close out the month and have put up some incredible results!

### ***Wow Pow - J.A. Williams High School: Oct 21/22***

Both our Sr. Hawks teams competed in the 50th Anniversary edition of J.A. Williams Wow Pow Tournament at the Bold Center in Lac La Biche. The Tournament had 21 Boys teams and 21 Girls teams from all over the North East. The Girls team dominated in pool play winning all of their games in straight sets and cruised through the first two rounds of playoffs defeating Cold Lake (3A) and JAWS (3A) to earn a spot in the Final against their rivals from Notre Dame (Bonnyville). The team fought hard but ultimately fell in two sets to the Wildcats from Notre Dame. The Sr. Boys Team continued their winning ways, also going undefeated in their pool to earn a bye right to the quarter-finals where they defeated Mallaig

and Ecole McTavish (3A) in the Playoffs to set-up an intense final with the host school from JAWS. The team played flawlessly and won EPS's first-ever Gold at Wow Pow in the Boys Division. It was quite an impressive showing for Hawks volleyball on a big stage!



### ***Plamondon Dig Pink: Oct 28/29***

The 15th annual edition of the Plamondon Invitational saw us go **PINK** in support of the Kids With Cancer Society in an effort to raise additional funds for a brave Ecole Beausejour volleyball player who is currently in his recovery from battling cancer. It was a tremendous weekend of volleyball action at both EPS and Ecole Beausejour and



our Hawks Teams played amazing! The Girls Team went 4 - 1 in pool play defeating: JAWS, Beausejour, Bonnyville and Frog Lake, taking a tough 3-set loss at the hands of the Boyle Huskies late Friday night. The team rebounded on Saturday defeating JAWS again in the Playoffs to set up a rematch with Boyle in the Gold Final. The Girls team came in focussed and played some of their most consistent volleyball of the season winning convincingly in straight sets: 25 - 17, 25 - 9 to claim Gold. The Boys continued their strong play going undefeated in pool play with wins over JAWS, Beausejour, Bonnyville, Boyle and Frog Lake. After an exciting Tie-Breaker match between Frog Lake and Beausejour our Boys had a rematch with the Thunderbirds from Frog Lake and defeated them in 2 to earn a spot in their fourth straight Gold Medal Match. After a slow start and dropping the first set against JAWS the boys turned it up and won the next two 27-25, 17-15 to claim their fourth title of the season and tally their 27th straight victory!



**Upcoming Athletic Tournaments & Events**

- ★ Nov. 4/5 Sr. Girls & Boys Volleyball - Cold Lake

- ★ Nov. 8 JV Girls & Boys Volleyball District Playoffs - Lac La Biche
- ★ Nov. 18/19 Sr. Girls Volleyball Zone Championships - Plamondon (Host)
- ★ Nov. 18/19 Sr. Boys Volleyball Zone Championships - St. Mary's (Vegreville)

**JV Boys**

The Junior Varsity boys have been working hard this season. We attended the mini Wow Pow tournament at the Bold Center in Lac La Biche, and placed second after a battle against rivals, JAWS Sharks in the final. This past weekend, we traveled to Cold Lake to compete at Assumption School. The Hawks dominated the tournament, beating rivals, JAWS in the first game, and remaining undefeated in the round robin. The boys lost a tough fight to JAWS in the final. Next up is districts, at the Bold center in Lac La Biche on November 8th. Come out and cheer on our Hawks!



## Grade 6/7/8 Volleyball

Participating Grade 6/7/8 Girls were able to attend a junior girls volleyball tournament in Boyle on Saturday, October 22. The first game was intimidating for the students, especially for the Grade 6 and 7 girls who had not yet participated in very many "real" volleyball games. Chloe and Grace were excellent leaders and, with the help of Ms. Delorme and Jamisen Routhier as coaches, were able to guide the team to victory in the next two games. They lost out in the semi-finals to the Boyle B team.



## Rookie Volleyball

Light of Christ School in Lac La Biche held a tournament on Saturday, October 29th, hosting our Rookie teams! EPS had two girls teams and one boys team participating. The students played well and learned a lot.

Appreciatively, our teams had a lot of student volunteers this year - Nyah and Jamisen served as coaches during every practice. Jamisen and Ms. Delorme were both able to help, and also taught Mrs. M how to make lines. There are many people to thank for a successful year. The following people either helped with practices, games, or coaching: Mr. Ennest, Ms. Delorme, Caitlyn Hunka, Kimberly Romanyshyn,

Marina Ambanoudis, Mrs. Parent, Mr. D Sr., Layne, Terrance, Kayden, Grace, Chloe and Layla. A big thank you to Patty and Irena's brother, Maxim, for helping out at both our tournaments acting as an official, a ball tosser and a coach. Thank you to all parents who came out and cheered us on!

We actually don't know who won the tournament on Saturday the 29th. I thank everyone who helped this year from the bottom of my heart and I hope that you all continue on volunteering in future - it makes it a lot easier to have people around with actual skills!



## Cross Country Running

Although Cross Country is a very short season, we had lots of fun in September and half of October. We had a number of students participate this year and they learned a lot about endurance and perseverance. Eleven students from grades 4-9 competed in Cold Lake on October 5 at their district meet. Although it was a chilly start to the day, we ended up with a sunny afternoon and beautiful fall scenery to enjoy. There were lots of runners in each category and all students completed their races in good spirits. We're so proud of their individual achievements. Thank you to Mr. and Mrs. Whitford for coming to cheer us on and help with the runners' bibs!



Our senior team competed in Vermillion on October 6. Thank you to Mr. White for driving, supervising and coaching the team that day. Feavaya, Kilikia, Ismael and Safron were our four runners. All runners did a great job and worked hard.

Congratulations to Safron and Ismael who went



on to compete at Provincials on October 15. Ismael and Safron each competed against over 100 people in their 5 and 6 km races. Both athletes represented our

school well, and we are proud of their efforts and accomplishments.



We had a beautiful fall day for the competition that took place on the Enoch Cree Nation. We were entertained by dancers and drummers throughout the day.



## Basketball Season



Basketball Season is around the corner...if you missed an organizational meeting and are interested in playing,

please make sure to get in contact with EPS Athletic Director: Steven Reid or Coach Babcock for more information on basketball start-up :)


### December Dates to Remember:

- December 9: No School Friday/Staff PD
- TBD: Christmas Concert in the evening
- December 23: Family Friday
- December 24-January 8 Winter Break
- January 9: First Day back to school

## FCSS Activities


### Money Matters Workshops

**Host:** Lac La Biche County Libraries  
**Location:** In person or via Zoom




**Dates:**

- Thursday, Nov. 17th Spending Plans
- Thursday, Nov. 24th Banking Basics
- Thursday, Dec 1st Borrowing Money
- Thursday, Dec. 8th Ways to Save
- Thursday, Dec. 15th Ways to Save



**Time:** 6:30-8:30pm

**Money Matters** 

### teen chill zone

A FUN NIGHT OUT FOR TEENS!



#### POOL, KARAOKE & DINNER

**Teen Chillzone**  
Sing your heart out or try your luck as a pool shark.  
This Teen Chill Zone is sure to be a blast.  
Need a ride? The bus leaves the Bold Center at 3:45 pm.

**FRIDAY, DECEMBER 2 • 4 - 7:30 PM**  
**• MO'S BILLIARDS**

**AGES 13-18 • FREE**

**To Register:**  
Call 780-520-5829, or go to Bold Center front desk.  
For more information:  
Text or call 780-520-7183, or email christine.martin@laclabichecounty.com



### teen chill zone

A SPECIAL NIGHT OUT FOR TEENS!



#### GAMES NIGHT

Join us for a Games Night and Supper at the Friendship Centre!  
Meet us there or catch the bus at 3:45 from Bold Center.

**FRIDAY, NOV. 18 • CANADIAN NATIVE FRIENDSHIP CENTRE • 4-6:30 PM**  
**Register by November 17, 2022.**

**AGES 13-18 • FREE**

**Register:** At the Bold Center front desk, or call 780-520-5829, or call/text 780-520-7183, or email christine.martin@laclabichecounty.com



### teen chill zone

A FUN NIGHT OUT FOR TEENS!



#### TEEN CHOICE NIGHT

**You Choose the movie.**  
Upon arrival, Teens will be given a choice of three movies. The movie with most votes wins!

**FRIDAY, DECEMBER 16 • 4:00 - 7:00 PM**  
**• BOLD CENTER • SUPPER INCLUDED**

**AGES 13-18 • FREE • PREREGISTRATION REQUIRED**

**Call or text Christine at 780-520-7183 for more information, or to register.**  
Email: Christine.Martin@laclabichecounty.com  
Facebook.com/YouarePCSS/



## TEEN SKILL ZONE



### BASIC CAR MAINTENANCE

Teens will learn the basics of car maintenance to help keep them safe and give them some confidence as they begin their driving journey.






















**Friday, Dec 9 • 1-3 PM • Location: Lac La Biche Fire Hall • Free**  
**Limited spots available and participants must pre-register to attend.**

**Preregister by December 7th**  
Call or text Christine at 780-520-7183 or email christine.martin@laclabichecounty.com

**DEC 9**  
**AGES 13 - 18**

# November

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Steve Harmer presentation 	2 Take our Kids to Work Day (grade 9) 	3	4 Sr. Volleyball in Cold Lake 	5 Sr. Volleyball in Cold Lake 
6 Picture Retake Day	7 JV Volleyball Districts in Lac La Biche 	8 JV Volleyball Districts in Lac La Biche 	9 Red or Black Day Remembrance Day Ceremony @ 10:30 	10 Remembrance Day No School 	11 Remembrance Day No School 	12
13	14 Camouflage Day 	15 Camouflage Day 	16	17	18 Sr. Volleyball Zone Playoffs 	19 Sr. Volleyball Zone Playoffs 
20 Book Fair November 21-30 	21 Parent Teacher Conferences 4-7 	22 Parent Teacher Conferences 4-7 	23 Parent Teacher Conferences 4-7 	24 PJ Day 	25 Family Friday/Day in Lieu 	26
27	28 Jersey Day 	29 Jersey Day 	30 Last Day for Book Fair 