# École Plamondon School



# Northern Lights Hawks Highlights PUBLIC SCHOOLS

November 2021



### **Principal's Note:**

Welcome November! At EPS we are looking forward to another exciting month of learning and fun.

October was a month filled with a variety of sporting competitions, spirit days, and learning. We have been very excited to have four high school students compete in Cross Country run. We have great athletes - two runners were close to qualifying for provincials! Way to go runners! Volleyball has been very busy this year. We have three different groupings: grade 5 & 6, junior and senior. All groupings have both boys and girls teams. Our teams have been working hard, playing well, and even taking home some trophies. We are so proud of everyone's accomplishments, effort and work ethic. Special thanks to our coaches: Mr. Reid. Mr. Helly, Miss B, Mrs Landry, Ms Nevill, Ms. Delorme, and Mrs. McCullough. We ended the month with Halloween activities hosted by the Students Union - lots of fun! This month's virtue is respect. According to vocabulary.com Respect is a way of treating or thinking about something or someone. We show respect by being polite and kind. We begin this month with our Remembrance Day ceremony. Staff have been creating a few slideshows with a number of guest speakers, poems, and



songs to help us remember and understand the importance of Remembrance Day. Each class will be participating in our individual classrooms but we will share a moment of silence together.

November is a very busy month. Staff begin the month by attending our

ATA/Systems Day on November 1. This is a professional development day for staff and a day at home for students. Photo retakes are happening (November 8), Parent-Teacher Conferences will be held, we will have a virtual Remembrance Day ceremony (Red and Black Day), a four day weekend, and Spirit Days: PJ Day (November 19), and Jersey Day (November 30). We are also hosting a Bookfair - for more information read the Learning Commons update. Metis Week takes place from November 14-20. During Metis Week we will learn about the Metis people, hear their stories, history and culture. A November calendar with all these events is included at the end of the newsletter.

This school year we have been blessed with beautiful weather. We have been so fortunate to be able to comfortably go outside for every break. Playing outside helps our students mentally and physically. However, Alberta living means fluctuating temperatures. Please remember that we continue to have

outside recesses regardless of the weather. It is important that students have winter jackets, gloves, toques, and boots as we experience cooler temperatures. For the younger students, snow pants are a great idea too ... whenever that white stuff comes to our back door! Please help us make our outside breaks an enjoyable and warm time for our kids.

# \*\*Reminder\*\* No school November 1st!



The teachers are excited to visit you regarding your child(ren)'s progress. This year we will conduct our Parent Teacher meetings with /phone calls (or Zoom meetings if you choose). Teachers will be calling parents at pre-arranged times that parents signed up for in advance. Please be available at your scheduled time. The school now uses VOIP phones which provide a number of lines to call from which means you should see EPS as the caller ID.

We will be sending your child's report card home prior to the meetings. Please ask your child for the report card on one of the following dates listed below. Please sign up for a time that is convenient for you to meet with the teacher in the links below.

**November 8:** Junior high and High school report cards sent home.

**November 9 & 10** - Junior high and High school parent teacher conferences via phone calls or Zoom

**November 24 -** Elementary Report Cards sent home

**November 25 -** Kindergarten to Grade 6 Parent Teacher Conferences.

We will send you reminders too! Please make sure your contact information is up to date so we will be sure to connect. Looking forward to our visits!

### **New Report Cards**

This year NLPS Division is revamping report card formats for students in grades 5-12. You will notice that the layout is more user friendly, with information about your child's learner attributes being highlighted on the first page (up to grade 8).

Please call the office if you have any questions or concerns.

# Halloween for Hunger

Halloween for Hunger is a food drive for our local food bank. Students are



encouraged to bring in at least two non perishable food items for the drive. Just imagine: if every EPS Hawk brought in two items, we would be able to provide the food bank with 600 items. The food drive ends on November 3rd. Thank you to the grade 9 class for organizing this event and to everyone who has already donated food. Your generosity is greatly appreciated.

# Halloween Fun

























### **Halloween Coloring Contest**



A big congratulations goes out to Lincoln Lecuyer in grade one who won the Lac La Biche RCMP 2021 Halloween Coloring Contest. He was visited by Constable VanSteenoven in his classroom and presented with a Halloween prize pack. Great work, Lincoln!



Why be a school council member?

As an École Plamondon School Council Member, you can help your council discover new and exciting ways to contribute to the education of students in your school. Education is a partnership involving parents, students, teachers, principals, school boards, government, and the community. Your

involvement in the council gives you the opportunity to strengthen that partnership, and to be part of a dedicated team working to ensure a high quality of education and an accountable education system for the children of École Plamondon School. Your participation can make a difference!

Membership on a school council also benefits the individuals involved. The advantages of becoming a school council member include:

- being a valued partner in the education system;
- contributing to the shared goal of school improvement;
- having an opportunity to express opinions;
- being informed about what is happening at the school and the board, and at the provincial level of education.

The School Council and Parent Advisory Committee next meeting is on November 23, 2021 via Zoom. We encourage you to join us at our next meeting. We need your ideas and your voice to help guide our school.

President: Vacant

Vice President: Connie Williams
Treasurer: Chasidy Bourassa
Secretary: Christine Tredger
Division 1 Rep: Lindy Forbes
Division 2 Rep: Bailey Walsh
Division 3 Rep: Rebecca Hilligas
Division 4 Rep: Charlene Rutledge

### **Super Snack Cart**



We have a variety of snacks available for purchase during the lunch hour for gr4-12. The kindergarten to Gr.3 get a visit from the super snack cart on Thursdays, that is our special treat day, where we have all our usual snacks plus extra like pop, chips, and chocolate bars.

Price List
Ice drink \$2
Milk to go \$2
Juice box / water \$1
Veggie chips\$1
Cookies .50
Microwave popcorn \$2
Sesame snaps .50
Trail mix \$1.50
Nutella snack \$2
Pop mini cans \$1
Large cans \$1.50
Chips \$1
Chocolate bars \$1.50

# **Hot Lunch Program**

Thank you, parents, for your patience as we work on options for a hot lunch program. For the month of November, Top Shelf Grill is offering this service to us. Here is a link if you would like to order hot lunch through Top Shelf for the month of November. Please note, there are specific requirements.

https://nlsd.schoolcashonline.com/Fee/Details/2 3653/78/False/True

### **Preschool News**

October was an exceptional month. We welcomed Ms. Larissa to our classroom. We know our routines and I am proud to say we have a wonderful class of lil learners. We made Thanksgiving centerpieces for our families and had our pictures taken by the photographer. Every Monday and Tuesday is the best day ever because we visit Mrs. Plamondon in the library!! This week we are loving our new class individual Treasure Boxes (Sensory bins) And Loose parts play is our new favorite. Last week we had a cereal drive and brought over 20 boxes to Mrs Alagoz for the school Breakfast program.





### **Cereal Drive**



### **Kindergarten**

In Kindergarten we have been working on counting to 10, and some simple patterns and sorting. Check out our Halloween Centres. We love to play with Math!





### Grade 1

Grade 1 SPIDERS!!!!

The Grade 1 class has been learning about spiders. Did you know that a tarantula can be as big as a dinner plate?



### **Grade 2**

In Grade Two, we studied spiders in our Science class. We learned that a spider has eight legs and two body parts. We learned that some spiders spin webs to trap their prey and some spiders trap their prey by running after it. We learned that spiders like to live in dark, damp places. We also learned that spiders are good for our environment because they eat mosquitos, grasshoppers, and flies.

In our Math class, we continued to learn about patterns and geometry. We learned how to make increasing patterns that got bigger each time. We made shape robots at home that were made up of different 3-D objects.

In our Social Studies class, we continued to learn about ways of reading a map. We studied cardinal directions and used them to read a map. We learned how to use a map key to find places on a map. We ended our month by starting our unit about Meteghan, Nova Scotia.

We are looking forward to learning about this town in a maritime province.

### Mrs. Landry's Gr. 3 News

In Language Arts, we continue to become better readers and writers each day with our lessons. The students are becoming more confident in their abilities and have improved tremendously! In Math, we finished our patterning unit and have started learning about Numbers to 1000. We have begun with representing numbers concretely and pictorially, as well as practicing our skip counting.

One exciting event that we shared with Mrs. Evdokimov and Mrs. Lien's class was a virtual presentation from CBC Kids about how to create a video game. The students really enjoyed learning all the components of video games and had fun listening to our funny presenter.



### **Lien and Evdokimov Grade 3 News**

We have had a lot of fun this month in Gr. 3! Some of the highlights included our Science Rock-Smashing Experiment where the students each had a chance to crush rocks we have been studying with a hammer to test their hardness levels and to see what they were made up of. In Social, we have started learning about the 4 countries that we will study and compare for the remainder of the year, including: Tunisia, Peru, Ukraine, and India. The students are excited to learn more about these countries and compare their lifestyles to that of Canada.



### **Grade 4 News**

This month in grade four we have been exploring how we can transform everyday waste (by recycling) into treasure. The fours have been diligently working on planning and preparing recycled items to convert to usable items. Pictures to come in next month's update!

In STEAM, students participated in a boat buoyancy challenge. They worked in pairs to create a boat (with the materials provided) that could hold the most marbles aka cargo. We had one group surpass 200 marbles before it sank! Students were able to brainstorm and collaborate following their first challenge attempt to make improvements to their watercraft. It was a lot of fun.

### **Grade 5 News**

Grade 5 Students have been learning about Wetlands and Ecosystems. The students built wetland drainage systems in conjunction with our planned trip to the Plamondon Landfill to build on their learning about responsible land management. The Students were challenged to build a system that would filter-out as much food dye as possible, using layers of various materials.



### **Grade 6 News**

The Grade 6 class has been focusing on spelling, grammar and reading comprehension in Language Arts. We were happy to welcome Miss Mackenzie back from SFSK to work on Crossing the Line, a program about bullying, with us. Our art project for Truth and Reconciliation day is painting rocks to represent hopeful thoughts about reconciliation, but we were not all able to complete them on Wednesday because we attended the assembly. This is something that we will do next week.

Grade 6 Students have been using mathematics, science and exploratory classes to build scale-able contour mountains in class. As with map making on all levels, scale is an important concept. The Students came to consensus about how to build our mountains that accurately reflect how we can measure height and distance.



### 7 & 8 Social Studies

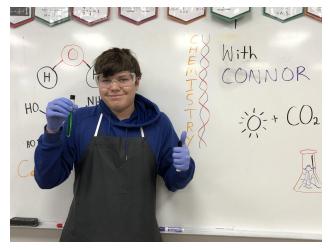


Social Studies Grade 7 and 8 this year is all about history. The grade 7's are learning that being

Canadian is more than hockey and Tim Horton's -it's about invaders and explorers, relationships and war, trading and stealing. We've only just landed on the far shores of this new country so many more struggles and adventures await as we become this place we call home. Grade 8 Social Studies sounds strangely the same except the same things move Europeans from the Middle Ages into the Renaissance era where life will explode with a wealth of new ideas, art, writing and wealth - along with intrigue and war. Adventure and learning awaits.

### Chem 20

Chemistry 20 students are following in the footsteps of science educators like Bill Nye & Hank Green by creating their own educational science videos to explain various gas laws. Here is Connor posing for the titlecard of his new science show.



### **Grad News**



October 20th was the first Grad meeting held over ZOOM.
Students had some deadlines set for them for the next month and

did some brainstorming on possible themes and guest speakers. A survey (Google Form) went out to all grad students to complete by October 29th with a second vote to follow the first week of November. Please make sure you take part in the process.

Watch for more news regarding the purchasing of Grad Hoodies so that you do not miss out. We hope to have the order out by the beginning of December so you can have your hoodies by Christmas.

Also, remember to get your pictures in to Ms. Kim or Ms. Lisa by December 15th. Grad fess - first installment of \$50 is due November 30th.

For more information about the meeting see the minutes located in Google Classroom.

### **Growing Smiles Grad Fundraiser**

Our flower fundraiser is back! Please help support our grad class of 2022! Deadline to Order is November 25th and Pickup is December 9th.

Please see Attached Link

https://ecoleplamondon.growingsmilesfundraising.com/

### **Learning Commons Update**

Learning Commons Newsletter- October 2021 Hello everyone! Happy Halloween to all of you!

What could be better than my favourite time of year? Having a good spooky book to read during it!

This month I have searched our library to bring you my favourite Grade 4 and up SPOOKY books to help you get into the spirit for this weekend.

# Mrs. Plamondon's Recommended Spooky Reads

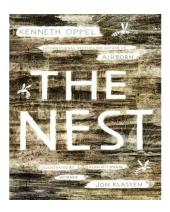


A current favourite among the Grade 4 - 5 students is the **Haunted Canada Series.** These short story collections have tales from all over Canada.

Volume 5 has a short

story from right here in our own backyard at the Lac La Biche Mission!

### The Nest by Jon Klassen



This is a creepy story about big, smart, creepy wasps that want to take over the world. Now that is SCARY!!! Don't forget to come and try our Halloween I-Spy display, if you dare!



November 22nd to 27th will be our Monster Book Fair! We are so excited to be able to have an in-person book fair this fall. We will still be offering an online version as well for parents to shop from the comfort of home, since our Parent Teacher Interviews will remain virtual. Students will have an opportunity to shop during the week in their scheduled times.

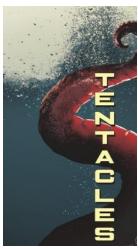
Happy Reading!



### **Chupacabra and Tentacles by Roland Smith**

Two exciting monster books that feature kids





on the trail of some truly terrifying monsters..really good adventure stories.

### **EPS HAWKS NEWS**

### **Senior Cross Country**

On October 6, four EPS Hawks competed at our first run. We had a cold but great day. Our athletes learned lots about long distance running and competing. Congratulations to Safron Egoroff for placing 11th and Kilikia Anufriev for placing 13th.





### Sr. Girl and Sr. Boys Volleyball

49th Annual Wow Pow Sr. Volleyball Tournament - Lac La Biche

Congratulations to both our Sr. Hawks
Volleyball Teams for another great showing on
October 22/23 in Lac La Biche at the 42-Team
Wow Pow Tournament in Lac La Biche. The
Boys cruised through Round-Robin going
undefeated through their first 5 matches but ran
into a tough opponent in the Semi-finals losing
to the eventual Gold Medalists from Ecole
McTavish in Ft. McMurray - The boys placed
3rd out of 21 teams! The Sr. Girls played their

best volleyball of the season, placing 1st in the most difficult pool in the draw and then won two tough playoff matches against Bonnyville Centralized and Cold Lake HS to face Notre Dame again in the Championship match. It was an hour and a half marathon that had some incredible rallies - The Girls played amazing but came out on the losing end of a hard fought 3-set match to claim the Silver Medal. Congratulations to Alyvia Williams who was voted as the Tournament's Most Outstanding Player!



### Junior Boys Volleyball News

The junior boys Hawks have had an exciting season so far! On October 16th, they took home the gold medal at their home tournament, beating rivals AMS Thunder in a nail biting final game. Coach Nevill and Coach Kim would like to thank the senior volleyball team for officiating, as well as parents who have volunteered their time to scorekeep and to get their boys to and from our games. Your support is greatly appreciated!

This weekend they are off to Lac La Biche to compete at the BOLD center in the Aurora Middle School tournament. Stay tuned for the

results in next month's newsletter!



### **Junior Girls Volleyball News**

The girls did great this season so far! They have had our home tournament on Oct. 16th going undefeated in the round-robin and losing a tight match against Aurora's Team in the semi-finals. We have our second tournament on Oct. 30th at Lac La Biche which we are really looking forward to! The girls have had a tremendous season so far learning and growing together. Keep up all the hard work as we finish our season!



### **EPS Drama**

For the last two years, the phrase, 'the show must go on,' has been a lived reality for EPS drama students. This year, we are excited to announce that we will be performing Miracle on 34th Street in December. We are unsure as to how this will be presented at this time.

Stay tuned for more details.

### Twin day

Cjay Palpallatoc and Miss Stromquist dressed up for twin day!



# **Students' Union**

This year the Students Union is thriving and excited to plan spirit days, contests, and much more! We have a great team of students that vary from grades 7-12 who are excited to participate and make the school year more fun.

### **Spirit Days:**

So far we have already celebrated Twin day on the 7th and Gum Chewing day on the 19th. Make sure to look forward to November because we have jersey day on the 10th and pyjama day on the 19th! I know that I love having an excuse to wear my pyjamas to school.

### Halloween:

This halloween will be very exciting with all the fun activities the Students Union has planned!

First up we have Black and Orange day on the 28th. Grades 7-12 will get to participate in Scare Skulls. The rules of the game can be found on the next page.

Costume day is on the 29th so please dress up and show off your costume for a chance to win a prize! There will be a first, second and third place for K-6 and 7-12.

On both days there will be a haunted house where your grade will be called down at some time during the day for a turn to walk through it. There will also be a raffle taking place. Can you guess how many eyeballs are in the jar? If you participate in black and orange day or costume day you will receive a free guess. For those who chose not to dress up, guesses are 25 cents each. Whoever guesses closest to the number of eyeballs wins!

### **Scare Skulls:**

All students from grades 7-12 and some teachers will be given a paper skull. If someone manages to scare you they get your skull and any other skulls that you have collected. Whoever has the most skulls at the end of the day will get a prize.

### Rules to scaring

- When trying to scare someone you cannot touch them
- A scare counts as a large flinch/jump or a scream small flinches do not count
- Try to scare when there is a witness so you can be sure if they were scared

Be honest about whether you were scared or not

### **Members**

Students union consists of a President, Vice President, Treasurer, Secretary, class representatives and other important members.

The President is Alicia grade 12
The vice president is Jade in grade 12
The Treasurer is Lj in grade 12
The Secretary is Jamison in grade 8
And the class representatives are Brandon in grade 7, Nyah in grade 8, Hannah in grade 9, Cadence in grade 10, Phillip in grade 11, and Connor in grade 12.

The rest of our fantastic members are Cody, Teaghan, Anthony, Vern, Simon and Seth.

### **Dates to Remember**



Please check out our November Calendar at the end of the newsletter for important dates and fun activities.

### **December Dates:**

December 3 - Family Friday - No School December 6-10 - Trickster Theater December 10 - Final Production from Trickster Theater

December 17 - Last day before Christmas Break

# November

2021

28	21	14	7		Sunday
29	22	15	8 Picture Retake Day	1 No school	Monday
Jersey Day	23	16	9 Parent Teacher Conferences Junior high/Senior high	. 2	Tuesday
December 1	24	West Ward Jr. Volleyball Playoffs	10 Remembrance Day Ceremony Black and Red Day	w	Wednesday
December 2	Senior Volleyball Provincials Elementary K-6 Parent Teacher Conferences	18	Remembrance Day	4	Thursday
December 3 NO School	Senior Volleyball Provincials No school	PJ Day Senior Volleyball Zones Playoffs	12 Family Friday- No School	Grad Ring Orders 5 Senior girls and boys volleyball at Assumption	Friday
	Jr. Volleyball Districts CL Senior Volleyball Provincials	20	13	6	Saturday