

June 25, 2021

### Principal's Note:

Whoo-hoo! We made it. Another successful year of learning and fun completed. Now it is time to enjoy this beautiful weather we are having, the summertime freedom, late nights, camping, campfires, vacations, and fun.

June has been a busy month for us at EPS. Our high school students completed final exams, and our Kindergarten to grade 9 students have been busy learning.

This month we celebrated the many cultures in our school: Russian, Indigenous and Metis, Phillipino, Korean, French, and Ukrainian. Staff and students helped prepare information to share with all students. It is a great way to learn more about each other and our cultures!

A big thank you to Cassie Davies for leading a ceremony remembering the 215 children who never returned home from a Residential School in Kamloops. We continue to remember the many children and families as more mass graves are being discovered.

During the last week of school, we were able to get outside more often and even ventured beyond the school grounds for a few field trips in our local Plamondon.

We celebrated with our Kindergarten class and their parents on Wednesday. Our little Kinders are on their way to grade 1 next year. Thank you to Mrs. Sprecker and Miss Connie for planning such a wonderful graduation ceremony for our kiddos. Lots of fun!

We are anxiously awaiting our high school graduation this Saturday. We will be celebrating our grade 12 students' accomplishments over their educational journey, and marking this milestone with a graduation ceremony at the outdoor stage at Festival Place. It will be a day to remember.

As we prepare for our summer break, remember to continue learning with your children. Play board games, go on scavenger hunts, remember to read with your child regularly asking all the important questions good readers do, baking (lots of math here), play hide and seek, find the constellations, and just enjoy being together.

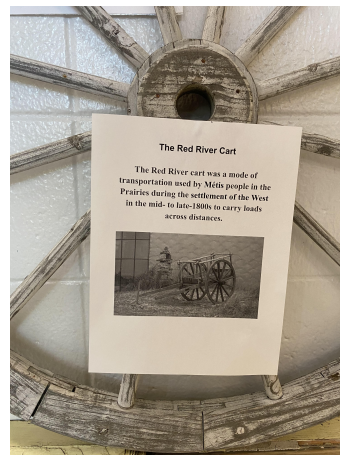
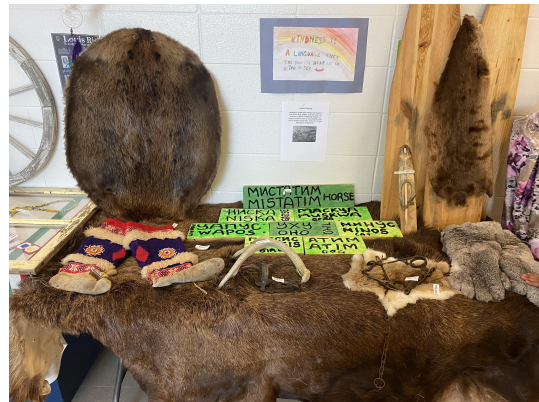
We have included a number of activities available for you over the summer. Please check some of these out - Successful Families Successful Kids is planning a number of scavenger hunts - come check out the code soon to be on our door to get your first clue (see details below). As well, the school library will be open every Wednesday evening - remember to go around to the backdoor to enter the library. A good activity to join is the TD Summer Reading Program. For more information, use this link

<https://www.llbcl.ca/programs/td-summer-reading-club>



## We Remember

On June 15th, Ecole Plamondon School paused to remember the 215 children who did not return home. As more mass graves are found, it is important to remember these children and families.



## Indigenous Day

Thank you to Ms. Delorme for the beautiful display for all students and staff to see and learn with. As well, the slide show was very informative and helped us continue our learning journey.

## Freezie Sales



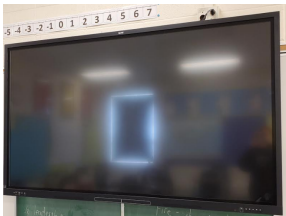
Every Thursday we sold freezies for one dollar as a fundraiser to support a child to be able to attend Lakeland FASD Summer Camp. We needed at least \$500 for this child to be able to attend. We did actually reach our goal of

\$500! Thanks to everyone who bought freezies this month to help us reach our goal!. A special thanks to North Country CO-OP for donating all of the freezies for this fundraiser!

## School Renovations



The bathroom renovations are already underway. Demolition of our old bathrooms began over the June 11th weekend and progress is underway. The new bathrooms will look amazing this fall.



As well, all classrooms had SMART TVs installed in the last week of June. The maintenance staff were hard at work ensuring the new

technology was ready to use in the new school year.

The entire school will receive new lighting over the summer holidays too. We will soon have LED lighting throughout the school.

Thanks NLPS for providing funding for these many upgrades!



***A big thank you to the school council! We appreciate all you have done for our school this year. We look forward to our continued focus on student success next year.***

**Bailey Walsh - Chair**  
**Connie Williams - Vice-Chair**  
**Chasidy Bourassa (with Kim Gauthier assisting) - Treasurer**  
**Christine Tredger - Secretary**  
**Rebecca Hilligas**  
**Adrienne Sprecker**



**SUPER KIDS**

For Kids  
7-9 yrs

**Summer Fun**

Have a great time this summer doing new things and meeting new friends.  
5-6:30pm • Wednesdays • July 7, July 21, August 4, and August 18.

to register call 780-520-9868, or email  
cornelia.fechner@laciablc.com

Lac La Biche County  
welcoming by nature

FCSS  
Lac La Biche County

## Preschool News

Holy moly June has come and gone so fast and Preschool was busy every day in class.

We started the month with our child-led choice of a Dinosaur theme. We finished our ABCs, Super hero days were a blast, Constable Josh showed us his police car and the Lac La Biche County brought their tree frogs for a visit and taught us about recycling and composting:) Our grad pictures were so adorable. Thank you so much Ms. Kim.



## Kindergarten

Kindergarten has graduated! Hats off to everyone that made it happen throughout this year online and in person! We could not have done it without everyone's support!





## Grade 1-2

This month, the grade 1/2 class embarked on two community field trips. First we visited the famous Plamondon Heritage mini parc where the children saw the beautifully crafted mini buildings of the old Plamondon. The children enjoyed peeking through the windows of the old houses, stores, churches and schools and enjoyed the refreshing ice cream at the end of the trip! Thank you, Sylvia and Lou Cote, for the wonderful tour and the tasty ice-cream! Our second field trip took place at the Plamondon Museum. The children saw many artifacts that the citizens of Plamondon graciously donated to the museum such as trappers' equipment and pelts, house utensils, musical instruments and many more! Thank you Bonita Marchand for teaching us about the history and people of Plamondon! The children enjoyed both field trips very much!



## Grade 2

Always lots going on in grade 2 and June was no exception. We finished our study of communities in Canada with a tour of the Plamondon Museum where we learned about more ways culture and tradition form a community. At the end of our Boats and Buoyancy unit students created boats at home and then presented them to their classmates testing them for buoyancy and creativity - all were a success! Flying and crawling animals captivated students as we searched out bug information on the playground, videos, books and our imaginations and used it to create writing and art projects. Our last math investigations involved students in finding and creating shapes in the classroom and in the environment. We wrapped up our year with a

Teddy Bear picnic at Festival Place where much fun was had by all. We are proud of all the growing we have done in grade 2 this year - well done to all our learners who worked hard to learn math, level up in reading, become writers, and expanded knowledge through investigation, inquiry, and curiosity.



### Grade 3

The grade 3 class enjoyed participating in the 80's spirit days of Plamondon. There was no shortage of neon colours, bold makeup and cool accessories! Way to go, grade 3's!



### Grade 4

What a wild and wonderful year it has been! I'd like to congratulate all of our EPS graduates, both in kindergarten and high school.

This month we celebrated National Indigenous Peoples Day, tended to our vegetable plot in the community garden, visited the Plamondon Museum, participated in a fun filled sports day and culminated our school year by holding a points auction in class.

It was a pleasure to have had the opportunity to get to know the grade fours this year. I'll miss my kids and will hopefully see them in the fall as they move into their new grade.

Have a great summer!



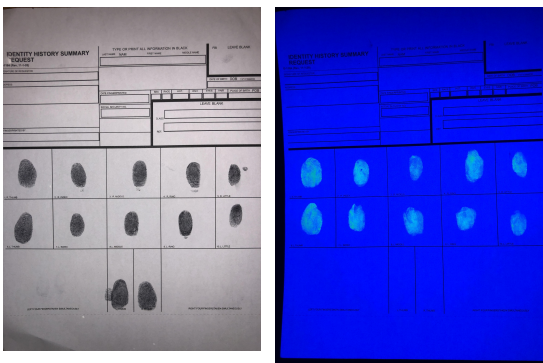
## Grade 5

Grade 5s had a blast at their sports day/class party day on Thursday, June 24. "This is the best day I've ever had at school," said Irena. The weather was great - a beautiful sunny day and hot temperatures. All the kids had fun and nobody got sun stroke!



## Grade 6

Grade 6 students have been learning about Evidence and Investigation and the importance of looking for clues, evidence and items that may hold information for solving crime scenes. As a final learning activity, students will extract DNA strands from strawberries and kiwis to compare the DNA of each.



## Prevent the Summer Slide

(Article by Dia - grade 8)

Do you want your kids to start reading better and even start writing finer, well Raz Kids is the game for you! Raz Kids is the most helpful game that your kid can play and it's free. Raz Kids is a game and website that helps someone learn and improve their reading. Some of the most wonderful readers and writers such as Dia Snegirev and Maxim Ambanoudis have been taught by Raz Kids. Anyone that has a school email can log into Raz Kids and start being educated. Reading is a necessity in the modern world and kids should learn throughout the whole year, so over the summer reading is a fun activity and helps children learn. Many summer activities that include reading and writing are Raz Kids, writing in a journal, reading books and many more! Everytime you read or write it helps you learn a little more each time!

Raz kids can be found at [www.raz-kids.com](http://www.raz-kids.com)



## Remember to Register

**REGISTER NOW**

Northern Lights Public Schools  
**Care to Learn Preschool**  
learning through play... together

**Play-Based Learning**  
for Children Ages 3 & 4!

**Half-Day Mornings**  
Monday-Thursday  
2 days or 4 days per week

**Full Day Program**  
Monday-Thursday  
(not incl. stat. holidays)  
2 days or 4 days per week

at  
**École Plamondon School**  
9814 - 100 Street, Plamondon

Register Online at:  
**nlpsab.ca**

If you are planning to register your child for Preschool, Kindergarten (<https://www.nlpsab.ca/parents/registration/kindergarten-registration>), or returning to school at EPS, we invite you to register online. Just visit <https://www.nlpsab.ca/parents/registration>

## Pop Up events

### Summer Fun

Come and join us for fun activities!

To find out where we will be, check out our Facebook page @SFSKproject look for us in your community and for daily updates. On days when we aren't doing a pop up, we will be sharing fun activities that you can do at home.

**SUMMER FUN**  
NORTHERN LIGHTS PUBLIC SCHOOLS. SUCCESSFUL FAMILIES SUCCESSFUL KIDS  
**POP UP EVENTS**

Look for us in your community and come join us for fun activities!  
To find out where we will be, check out our Facebook page @SFSKproject for daily updates. On days when we aren't doing a pop up, we will be sharing fun activities that you can do at home.

### SFSK Scavenger Hunt FUN

*Successful Families Successful Kids* will be offering self-directed scavenger hunts over the months of July and August. Our focus is to connect individuals and families back to their communities, while having some fun doing it!

SFSK will be posting QR-Codes at the front door of most school locations next week as a starting point for these scavenger hunts. These QR-Codes will give each participant their first clue to their first QR-Code location.



# Plamondon Boys & Girls Club

Plamondon - Wandering River  
Community Resource Society

## **SUMMER CAMP!!!!!!**

Location: Boys & Girls Club upstairs in the  
Plamondon Skating Arena

Time: Monday - Friday 8am-6pm  
Starting June 28th, 2021

Cost: FREE but donations are graciously accepted



- Fun Activities Daily
- Awesome team leaders
- Crafts & Games

Space is Limited

Pre-Register By June 23rd, 2021 VIA

email: [pwrcrs@gmail.com](mailto:pwrcrs@gmail.com)

Or call our centre @7807982133

## Library Info

Hello everyone! It is here, SUMMER!  
We are very excited to have our Plamondon Library open to the public on Wednesdays this summer. The books have missed you! Don't forget to check out the Lac La Biche County Libraries TD Summer Reading Club. You can win prizes for reading, just check out the library website: [www.llbcl.ca](http://www.llbcl.ca) to register. It is free and open to all ages. There are also a ton of fun activities such as life size Hungry Hippos and Pac Man that you can be part of. Happy Summer, grab a book and hit the beach

## Summer FCSS Programs

The Family and Community Support Service programs will continue throughout this summer. The program welcomes kids of all ages. The program will offer many activities and workshops for the 2021 summer. They are hoping to have in-person programs but will have virtual programs if necessary. The FCSS is also focused on adding a mental health component for their programs, while still having fun. Along with the fun the program will also have learning courses for youth. These courses will be learner's courses, conflict resolution and communication skills, and hopefully other courses to help educate the youth. Remember to also notify any other families that can benefit from the FSCC programs.

## **Class 7 Learners Preparation**

A stack of spiral-bound books titled 'DRIVER'S GUIDE' with illustrations of cars and a road. The books are arranged in a row, with the top book being the most prominent. The cover of the top book features a yellow background with a road scene, a speed limit sign for 50, and a car. The text on the cover includes 'DRIVER'S GUIDE' and 'to Operating, Safety and Licensing CARS & LIGHT TRUCKS'.

**ALBERTA  
CLASS 7  
LEARNER'S  
LICENCE  
PREP  
COURSE**

A free interactive course at the Bold Center for youth aged 14+ who want help preparing for the written Learner's Licence test!

**TO REGISTER:**  
Email [Christine.martin@laclabichedcounty.com](mailto:Christine.martin@laclabichedcounty.com) or call 780-520-7183

Tuesday, July 6 or



**wheeling  
Tuesdays**



**Join Us For  
Wheeling  
Wednesdays!**

We will be outside playing with bikes, scooters, wagons, and all things wheels!

**Location:**  
Plamondon Festival Centre

**Times:**  
Early Racers: 10am-11am  
Little Cruisers: 12:30pm-1:30pm  
Speedsters: 2pm-3pm

Call **780-623-6365**, or contact us on **Facebook**. Families must preregister to attend. Due to Covid-19, space is limited and class times & dates are subject to change.




## Jr. Family SUMMER FUN

Spending quality time and connecting with your 7-12 year old!







Tuesday, July 13 • **DIY Garden-size Yahtzee**  
 Tuesday, July 27 • **Paddle the Lake**  
 Tuesday, August 10 • **Tie Dye**  
 Tuesday, August 24 • **Family Swim**

All events run from 5:30-7:00 pm.  
 Locations to be announced.  
 Pre-registration required. Email [cornelia.fechner@laclabichcounty.com](mailto:cornelia.fechner@laclabichcounty.com) to learn more!




For youth ages 7-12 and their families. AHS COVID-19 guidelines will be followed.

# Tween Scene





**For Preteens 10 to 12 years old**

## It's Awesome time!

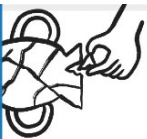
A chance for preteens to connect outside of school with others their age: To make new friends, memories and have fun.

**5-6:30pm • Wednesdays • July 14th, July 28, August 11, and August 25**

to register call 780-520-9868, or email [cornelia.fechner@laclabichcounty.com](mailto:cornelia.fechner@laclabichcounty.com)

# Jump Back



**ACTION FOR HAPPINESS**

**Happier · Kinder · Together**



18 Write your worries down and save them for a specific 'worry time'

19 Challenge negative thoughts. Find an alternative interpretation

20 Get outside and move to help clear your head

21 Set yourself an achievable goal and take the first step

22 Find 3 things you feel hopeful about and write them down

23 Remember ways to distract yourself from unhelpful thoughts

24 Use one of your strengths to overcome a challenge today

25 Notice when the small stuff and focus on the things that matter

19 If you can't change it, change the way you think about it

20 When things go wrong, pause and be kind to yourself

21 Identify what helped you get through a tough time in your life

22 Find 3 things you feel hopeful about and write them down

23 Remember that all feelings and situations pass in time

24 Choose to see something good about what has gone wrong

25 Notice when you are feeling judgmental and be kind instead

26 Catch yourself over-reacting and take a deep breath

27 Write down 3 things you're grateful for (even if today was hard)

28 Think about what you can learn from a recent problem

29 Be a realistic optimist. Focus on what could go right

30 Reach out to a friend, family member or colleague for support

31 Remember we all struggle at times - it's part of being human

# August 2021

## Children's Activity Calendar

15	<b>Happy Book Birthday to Jack Horner: <i>Dinosaur Hunter</i></b> by Sophia Gholtz. Illustrated by Dave Shephard.
16	Close out Shark Week by scheduling a virtual shark education event through Shark Angels or sharing the Aquarium of the Pacific's live shark cam.
17	<b>Happy Book Birthday to <i>Clow's Keeps His Cool</i></b> by Katelyn Atomson, illustrated by Eve Farb.
18	<b>Bad Poetry Day:</b> Give kids permission to play with words in silly ways today. Try <a href="#">6 Tech-Based Poetry Ideas for Students Who Think They Hate Poetry</a> from teachthought.
19	<b>National American Adventures Month:</b> Whether you want to explore the outdoors or learn American history, the National Park Service's <a href="#">Find Your Park</a> quiz can help you plan the perfect trip.
20	<b>National Lemonade Day:</b> Find out how to get involved with <a href="#">Alex's Lemonade Stand</a> , a foundation that raises money to help find a cure for childhood cancers.
21	<b>Anniversary of Hawaii's Statehood:</b> Share <a href="#">Native Hawaiian Children's Picture Books</a> to showcase authors and illustrators from this beautiful state.
22	<b>National Tooth Fairy Day:</b> Read <i>How to Trick the Tooth Fairy</i> by Erin Danielle Russell. Illustrated by Jennifer Hansen Holl and craft a tooth fairy box using an empty tin, plastic gems, and stickers.
23	<b>Mac Barnett's Birthday:</b> Read <i>Exci Yarn</i> and try one of <a href="#">The Spruce Crafts' 10 Yarn Crafts for Kids</a> .
24	<b>International Strange Music Day:</b> Open up <a href="#">Chrome Music Lab's Songmaker</a> to experiment with original tunes.
25	<b>Ian Falconer's Birthday:</b> <i>Olive</i> is a Caldecott-winning book starting a high-energy, over-the-top pig who loves the beach and Degas paintings.
26	<b>National Dog Day:</b> Contact <a href="#">Therapy Dogs International</a> to set up a Reading to Dogs event with local service animals. Share <a href="#">Raising a Hero</a> by Laura Numeroff.
27	<b>Just Because Day:</b> Sing in the shower, give someone a gift, eat ice cream for breakfast — why? Just because!
28	<b>Brian Pinkney's Birthday:</b> Share the award-winning illustrator's <i>Sir-In-How-Four Friends Stood Up by Sitting Down</i> , written by Andrea Davis Pinkney, and work through the <a href="#">Educator's Guide</a> .
29	Get kids' backpacks school-ready with <a href="#">DIY Luggage Tags</a> from Handmade Charlotte.
30	<b>Mary Shelley's Birthday:</b> On Frankenstein Day, honor the iconic monster with these <a href="#">Fun Family Crafts</a> and read <i>Sir-Made a Monster</i> by Lynn Fulton, illustrated by Felicia Sala.
31	<b>Happy Book Birthday to <i>Survivor Tree</i></b> by Marcle Coleen, illustrated by Aaron Becker. Read the story of a resilient tree that healed and was replanted in its original home — now the 9/11 Memorial.

*"Librarians save lives by handing the right book at the right time to a kid in need."*

— Judy Blume



<p>Look at the cover of a picture book and tell you a story based on the picture.</p>	<p>In the car, play your child's favorite music and sing along!</p>	<p>help your child read the words on any signs you see.</p>	<p>Have your child sort the animals by color or type (like birds or farm animals).</p>	<p>rhyming words. For example, "I spy something that rhymes with 'look.'"</p>	<p>Learn "Patty Cake" or another hand-clapping song.</p>	<p>paints to create different hues. Have her paint a picture with her new colors.</p>
<p><b>22 Math</b> What is your child's favorite color? Work together to count the objects in your home that are that color.</p>	<p><b>23 Sounds</b> On index cards, write the names of animals or other things that make noise. Take turns drawing cards and making the sound.</p>	<p><b>24 Science</b> It's Waffle Day! Make some waffles from scratch, and talk about what is happening to the batter in the waffle iron.</p>	<p><b>25 Songs</b> Sing "Where Is Thumbkin?" and do the hand motions.</p>	<p><b>26 Reading</b> Celebrate National Dog Day by reading <i>Maggi and Milo</i> by Juli Brenning together.</p>	<p><b>27 Stories</b> After watching a movie or show together, ask your child to tell you what happened in her own words.</p>	<p><b>28 Writing</b> Write your child's name in pencil on a piece of paper. Ask him to trace it with markers. Do it multiple times in different colors for a fun effect!</p>
<p><b>29 Writing</b> Draw pictures of each other.</p>	<p><b>30 Rhymes</b> Together, write a rhyming poem that begins with "In August ..."</p>	<p><b>31 Play</b> Plan an end-of-summer party for your child's stuffed animals. Have her help you make invitations, decorations, and snacks.</p>	<p>Help your child get ready to learn to read! Each day features a fun activity that will help your child build pre-reading skills. Activities are color-coded by skill. Ask your children's librarian for more ideas on how to promote early literacy skills with daily activities at home.</p>			

